

# Next Generation

## SALT & LIGHT

O N L I N E

### **10 THINGS THAT TAKE ZERO TALENT...But Will Earn You 100% RESPECT**

I used to have a teacher who insisted we students always say, "Yes, Sir." If, at any time while talking to him he asked us something, or we addressed him, it was always "Sir." If he asked if so-and-so had taken out the trash, and we said "uh-huh", or "yup," or better yet, "yeah," he would stop and make us say "Yes, Sir." He would roast us soundly if we interrupted, and don't even mention sassing him.

Why did he make us do that? He didn't necessarily care about everyone always going around saying "Yes, Sir," or "No, Sir" (He didn't mind if former students called him by his first name!), but he did care to teach his students about respect. He was in a position of responsibility and authority over us, and we were to show him respect; and that, in doing so, we were also respecting ourselves. The Merriam-Webster Dictionary defines respect as "high or special regard: esteem."

We all want to be respected and regarded with dignity, but we do not always show ourselves worthy of respect or honor. We may have a habit of looking sloppy, or not being polite, or turning up late to things. You get the picture. I am going to give you a list\* of simple ways that can earn you 100% respect that take no talent whatsoever. This list always challenges me to do better whenever I look at it. I know it can help you too! - *Christy*

1. Being on time
2. Good work ethic
3. Effort
4. Body Language
5. Energy
6. Good attitude
7. Passion
8. Being Coachable
9. Doing Extra
10. Being Prepared

\*Source: Unknown